

CRAWLEY DOWN HEALTH CENTRE



CARE CO-ORDINATOR

*Caring for our community
Bowers Place, Crawley Down
West Sussex, RH10 4HY
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What is a Care Co-ordinator

Our Care Co-ordinator is here to support and help you, your family and carers to access the right services for you.

Our aim is to help you avoid unplanned admissions to hospital by providing a better support network around you to prevent this occurring.

Practical ways in which the Care Co-ordinator helps

- Telephone you after your discharge from hospital to ensure you have everything you need
- Support carers where necessary to enable them to better look after their loved ones
- Arrange for volunteers to visit patients at home, do the shopping, do your gardening and much more
- Provide information about other local services for your needs



How our Care Co-ordinator can help you?

If you are living with a medical condition and require some additional support—whatever it is we are here to help.

Equally, if you are a carer for somebody else, we are available to help both you and the person you care for.

Finding the right support can be a difficult and daunting task. We can help you on the right path by providing you with information on local services

Examples of how we can help

- Meals on Wheels
- General Advice and Information
- Shopping
- Weight Management
- Wheelchair and Equipment Hire
- Befriending and Bereavement Services
- Dementia and Alzheimer's support
- Activity Centres
- Patient Transport Services
- Safety in the Home including Security and Fire Safety
- Finding Providers
- Managing Energy bills
- Information on finding care providers
- General advice and information
- Referrals for mobility aids and home adaptations



WHO WE WORK WITH



WHAT TO DO NEXT

If you are interested and would like a chat to find out more how our care co-ordinator can help you, please speak to one of our reception team who will point you in the right direction

If I am out of the office please leave your contact details and I will respond when I am next in the office.

I look forward to helping you